

# **HYPNOVISION**

## **THE ESSENTIALS OF HYPNOSIS**

**An excellent opportunity to learn hypnosis  
and to develop your inner conscious mind**

**This exciting course will change your life -  
and in only 4 days turn you into a hypnotist.**

"HYPNOSIS"! What does this word conjure up for you? Mysterious powers? Yes! But only in the sense that it provides a key to unlock the mysterious powers already dormant in your own inner mind. It has nothing to do with CONTROL over others. It has everything to do with discovering the amazing capacities of the brain and mind, hitherto hidden and unused.

Hypnosis will open a whole new world to you. After the Hypnovision seminar, not only will you know how to put a person into a trance state, you will have the ability to remove fears, stimulate motivation, and develop creative thinking. You will understand how and why upbringing has such a profound effect on the young mind, and you will learn skills that enable you to reverse the negative effects of this early programming.

You will practise, practise, practise. Each technique is explained and demonstrated. You will then put it into operation in supervised practice sessions, so that you can immediately apply it after the course. Each volunteer presents an unresolved problem, physical or emotional. Often, the problem is resolved right then and there, even those that have been in place for many years.

**José Silva** began his research by experimenting with hypnosis and used many elements in developing his famous Silva Method.

### **ARE YOU ALREADY HYPNOTISED?**

Are your opinions, beliefs, emotions, attitudes really your own, or the result of hypnotic suggestions, from early childhood to now?

The best way to protect yourself is KNOWLEDGE. Arm yourself against unscrupulous salesmen, media, journalists, politicians, gurus, or other authority figures, by learning the secrets of persuasion, influence and suggestion. You can then also use your knowledge in a positive way to help others to break down unwanted barriers - fears, pain, bad habits, limiting beliefs, and much more!

***The development of your inner conscious mind  
is one of the best investments you can ever make.***

### **1. REACH YOUR GOALS WITHOUT HINDRANCE**

Release past blocks which have been holding you back. Understand the causes of failure and success.

### **2. STOP SELF-SABOTAGE**

When you feel you just can't move forward, hypnosis can be the key to unlock and release from the inner conscious mind the "loser" programmes, and replace them with "winner" ones.

### **3. ACQUIRE SELF-MASTERY**

Go beyond past programming and negative suggestions to become truly yourself. Determine your own motivation, thought-patterns and life-style.

### **4. ATTRACT LUCK AND HAPPINESS**

If you've been acting against your own self-interests, this could be due to negative programming from your childhood. Hypnosis will put you back on the right track - and you can do the same thing for others!

### **5. IMPROVE UNDERSTANDING**

The better you understand the workings of your own inner mind, the better you understand others.

### **6. HELP OTHERS**

There is nothing more satisfying or fulfilling than knowing you have helped another human being overcome a life problem.

### **7. IMPROVE YOUR PROFESSIONAL PRACTICE**

Although ALL participants will be able to use hypnosis for themselves, friends and families, those who are already in the helping professions will have an invaluable tool to help many more clients, more rapidly and more efficiently.

## **THE INNER CONSCIOUS MIND**

To understand how hypnosis works, you must understand that:

- The Inner Conscious lacks a critical faculty (it does not distinguish between good and bad, real and imaginary,); it accepts all information without judging, and is open and receptive to suggestion.

- The Inner and Outer Conscious have different needs. When these are in conflict, those of the Inner Conscious will predominate, and will normally win the day.

Hypnosis allows us to contact the Inner Conscious, something which is extremely difficult, if not impossible, in a waking, outer conscious state. Once this contact is satisfied, we can get to the origin of the problem and communicate the desired information directly to the Inner Conscious, cancelling out the previous programming and updating it with new information.

## **AN AGE-OLD ART**

Hypnosis has existed for thousands of years. We find references in ancient religious and healing rituals, although known by other names until recent discoveries.

## **POSITIVE INFLUENCE**

Our mind is constantly subjected to influences of one sort or another, and the mind, in turn, influences the body. The influence of one human mind over another is a given constant. The more you develop your competence as a hypnotist, the more you will be able to exercise a positive, beneficial influence towards others.

## **UNIVERSAL INTEREST**

The programme is designed for:

- Any person wishing simply to know more about hypnosis for self-discovery and personal progress, as well as helping loved ones.
- All health professionals and social workers: doctors, nurses, dentists, educators, psychologists, psychotherapists, counselors, coaches, trainers.

(Many professional trainers use hypnotic techniques for promoting sales, training managers to be more efficient, and helping employees to be more open and receptive to new systems and techniques.)

## **QUALIFICATIONS**

You will be taught simple and powerful techniques for hypnotising yourself and others, with lots of demonstrations and personal practice. You will learn the best techniques to use for individuals and groups, with the exact words and sentences to use, in step-by-step detail. Complete texts are provided in your comprehensive course manual.

On the completion of the seminar you will receive a Master Hypnotist certificate. (This can be used as a 40-hour credit towards the Advanced course of the National Guild of Hypnotists, to become a Certified Hypnotherapist.)

## **YOUR INSTRUCTOR**

Dr. (Hon.) Lee Pascoe is a graduate of Adelaide University, Australia. With her husband, Michael Dodson, she has been director of the Silva Method in Paris, France, since 1988, and has personally assisted José Silva in the international training of Silva instructors.

She then trained in hypnosis in the USA to become a Certified Advanced Instructor, qualified to present basic and advanced courses recognised by the National Guild of Hypnotists. The NGH, founded in 1951, is the world's largest hypnotist organisation, with nearly 13,000 members. In 2000 Lee received an award at the NGH Annual Convention for her work for the Guild in France, and appeared in the cover article of their official magazine, *The Journal of Hypnotism*. In 2001 she was awarded Board Certification, In 2006 she became a Fellow of the NGH, and in 2008 was awarded the prestigious medal of the Order of Braid, an honour reserved for a select few Guild members.

Her book, *The Magic of Make Believe*, (Findhorn Press) is published in four languages.

For any information concerning the course content or presentation, please contact Lee Pascoe by e-mail, [lee@hypnovision.net](mailto:lee@hypnovision.net).

You may also click onto her hypnosis web-site, [www.hypnovision.net](http://www.hypnovision.net)

## **COURSE CONTENT**

### **DAY ONE**

What hypnosis is, and isn't!  
Suggestibility  
Demonstration, several inductions  
Deepening, compounding, convincers  
Coming out  
Practice

### **DAY TWO**

Self Hypnosis  
Criteria for formulating Suggestions  
Pain Control  
Establishing rapport  
Introduction Regression to Cause  
False Memory Syndrome

### **DAY THREE**

Regression to cause, continued  
Removing imprints  
Dealing with abreactions  
Language for persuasion  
Instant fear and phobia removal  
Introduction Past-Life Regression

### **DAY FOUR**

Past-Life Regression (continued)  
Reframing general anaesthesia  
Ideo-Motor Response  
General Cleansing  
Smoking  
Weight problems  
Stage Hypnosis (optional)

FREQUENTLY ANSWERED QUESTIONS:

***I've attended many seminars about mind development. Is this the same sort of thing?***

HYPNOVISION is completely different. It is not like any other seminar you have attended in the past.

***Is HYPNOVISION like N.L.P. or other success seminars?***

HYPNOVISION is unique. Every seminar where you learn something is valuable, but HYPNOVISION is not just a seminar. It involves demonstration, practice, rehearsal, and training for a profession.

***Do you mean that I can really learn to hypnotise someone all by myself?***

Yes.

***In only four days?***

Lee Pascoe, your instructor, is able to present complex subjects in a simple way. She is known for her skill in explaining, in a clear, precise and forthright manner, so-called "mysterious" subjects. Some of our participants, who have already followed other longer and more expensive hypnosis courses, have expressed their amazement at having understood and mastered the essence of hypnosis in such a short time.

***What if I'm not interested in becoming a professional hypnotherapist?***

That's fine. You will gain a new understanding of yourself, your loved ones, and humanity in general. And that is well worth the price.

## **KNOWLEDGE IS POWER**

You will learn many things during these four days. Techniques which you can use straight away. Resources to help you evolve, thrive and prosper. And if, as well, you wish to use this knowledge to enrich your professional practice, the better for all concerned!